

# Sunday Meatballs – A Classic from Haleigh

- 1 lb. of ground veal, pork, beef mix
- 2 eggs
- 1/2 cup Italian breadcrumbs
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 3 garlic cloves
- 1/2 cup Romano cheese
- 1/2 handful parsley

WASH YOUR HANDS!! Preheat oven to 350.

- Spray baking sheet with PAM or cover baking sheet with tinfoil for easy cleanup.
- Mix ingredients together with hands, then roll into 1.5-inch meatballs and put on baking sheet.
- Cook at 350 for about 12-15 minutes, watch for color to turn, then rotate meatballs to other side.
- Cook for another 10-12 minutes. Mangia!